

THE GREEN MOVEMENT by PALS, KOLEJ DPAH ABDILLAH

PART 1 : INFORMATION ABOUT THE SCHOOL

1. SCHOOL NAME : **KOLEJ DATU PATINGGI ABANG HAJI
ABDILLAH**
2. FULL ADDRESS : **LORONG SIOL KANDIS 1, PETRA JAYA,
93050 KUCHING,SARAWAK, MALAYSIA**
3. POSTCODE : **93050**
4. COUNTRY : **MALAYSIA**
5. TELEPHONE NO : **6082-440635**
6. FAX : **6082-449872**
7. PRINCIPAL'S NAME : **MADAM HAJAH MASTURA BINTI HAJI ANUAR**
8. TEACHER COORDINATOR : **MADAM SURAIYA BINTI MUHAMAD
MISS SITI NORHAYATI BINTI SAPONG**
9. EMAIL ADDRESS : **kolejabdillah@ymail.com**
10. SCHOOL WEBSITE : **<https://yeb1303.sps.1bestarinet.net>**
11. EDUCATIONAL LEVEL : **SECONDARY SCHOOL (AGED 13 – 17)**
12. NO OF TEACHERS : **63**
13. NO OF STUDENTS : **793**
14. NAME OF TEACHERS AND STUDENT WHO WERE/HAVE BEEN INVOLVED IN THE
PLANNING AND IMPLEMENTATION OF THIS SCHOOL ACTIVITY/PROGRAMME ON
VALUES EDUCATION

TEACHERS :

- **WORKING COMMITTEE FOR 3Ks PROGRAMME 2013 (KEBERSIHAN, KESIHATAN, KESELAMATAN / CLEANLINESS, HEALTH, SAFETY)**
- **THE LESTARI (SUSTAINABILITY) COMMITTEE**
- **KELAB PENCINTA ALAM SEKITAR/NATURE CLUB(PALS)**
- **BRITISH COUNCIL CONNECTING CLASSROOM BRIGADE (BCCC)**

STUDENTS :

- **MEMBERS OF PALS**

- MEMBERS OF BCCC
- THE STUDENT COUNCIL OF KOLEJ DPAH ABDILLAH
- ALL STUDENTS

**PART 2 : INFORMATION ABOUT THE SCHOOL'S VALUE EDUCATION
ACTIVITY PROGRAMME**

1. Title of the school program : THE GREEN MOVEMENT by PALS

2. Summary of the program

The Green Movement or GM for short is a general term given to all the programs organized by the Nature Club (Pencinta Alam Sekitar or PALS) of Kolej Datu Patinggi Abang Haji Abdillah. The main aim of this movement is to create awareness among all the students and teachers about the ailing environment and the ways to rectify it. This is because our environment needs protection and if we do not start taking care of it and let it rot, the younger generations may not be able to see the beauty of nature. There are loads of activities held throughout 2011 – 2013 on how we can save the neck of the woods. The activities started small but with lots of the support given, the PALS committee rose up and provide loads more activities to mobilize the Green Movement. Since then, this movement has been one of the greatest and successful achievements of Kolej DPAH Abdillah. Every student is involved in the programs held. No one shall be missed or will be missed since it involves everyone. The teachers, with the help of the student council as well as members of PALS and the BCCC Brigade are responsible for most of the programs. Basically the movement can be segregated into daily, weekly, monthly and annually activities. These are done in such manner as a daily reminder so that the school community will not lose touch with the whole concept of conserving and preserving the environment. So far, the activities have been running smoothly and it have shown genuine results. The activities are jointly monitored and evaluated by Kolej DPAH Abdillah's 3Ks Committee, the PTA (Parents & Teachers Association), the Lestari Committee, BCCC (British Council Connecting Classrooms) Brigade and of course the PALS itself plus invaluable assistance from the student council. The PTA helps PALS a lot especially with the funding of the programs. Other than that, the BCCC Brigade is always there to support the programs by having environmental booths/fairs/quizzes/games and etc. By working collaboratively with the main committees plus the assistances given by other public and private agencies, Kolej Abdillah has been winning several awards and recognitions on their environmental based programs. On top of that, the movement managed to attract loyal sponsors who are extremely fond of this cause. In conclusion we have the faith and high hopes in making our own little green community a success.

3. Background information or reasons why the school created this program

The Nature Club or PALS was established in 2007, when Mdm. Suraiya Muhamad, the club's coordinator started teaching in Kolej Abdillah. Since then, the club has been actively involved in many eco-friendly activities and also holds activities for the community and other schools to participate in. Later, the Green Movement was born. This movement was created to raise awareness among the students and teachers about the ailing environment. The pollution in the country has evidently worsening with each increasing day and the school believes that this movement can create a green transformation generation specifically within the school community and generally to all Malaysians. The movement started off with a bang with the club immediately sent out students to activities such as talks on

sustaining the environment, Green workshops, Awareness camps and competitions. One notable achievement is the formation of Ecoband group known as “Tukuk Alam” or loosely translated as the sounds of nature .This group is so successful that they had won prizes locally and nationally. As the movement started to expand the club approached the local communities and tried to illustrate our goals to them so as to spark interest. The club received lots of encouragement and positive reviews on the programs from the local communities and outside agencies. Now, we are well known throughout the state and we hope to make this movement known nationally and globally.

4. School vision, mission and core values

Vision

- Improve environment education among the students, community, nationally or internationally
- Implement the activities related to preservation and conservation of the environment towards sustainable life globally.

Mission

- Create awareness among the citizens about preserving and conserving the environment.
- Encourage the citizens to practice sustainable green life.

Core Values

Malaysia is slowly deteriorating into a polluted country as the country’s development continues. The number of factories and housing areas are increasing at an alarming rate and as we all know before these buildings are built, deforestation occurs to make way for these developments.

We have no doubt that if the community works as one, we can prevent Malaysia from reaching devastating pollution levels. With hard effort we can steer clear of risking the planet’s future, causing environmental destruction and unsustainable natural resources.

The Green Movement is not only a movement of minute significance; we are a movement of great purpose driven by these core principles:

- I. The Green Movement is not a movement of stagnancy, hence the word “movement” we will always improve and will never be seen as a movement of no purpose and vision.
- II. We aim to achieve profound transformation in the Malaysians towards a more eco-friendly lifestyle and environment, for the benefit of all.
- III. The Earth’s finite physical resources can be sustained with a society who are aware of the consequences of leading a non-eco-friendly lifestyle, achieving this will guarantee our long-term future.
- IV. Humans depend on the natural resources for the continuation of the human race. We must not treat other species as expendable.
- V. We believe that everyone, this generation and the next generation deserve to live in a green and clean environment.
- VI. We are committed to sustaining a diverse and nurturing community that supports individual growth and creativity, develops resilience, and promotes social responsibility.

5. Objectives / goals of the programme

- Give a chance to everyone to get involved individually or collectively in environmental awareness.
- Enhance relationship between students and community to handle environmental issues.
- Optimize potential, talent, creativity, innovation and communication skills that are effective through performance and usage of used items.
- Create a culture that thinks and takes note creatively and critically in presenting the environment education to the public.
- Indulge in eco-friendly practices in daily life and make these changes as a habit in the effort of conserving and preserving the environment.

6. Values that the school aims for within the programme and/or definitions

These are the values that the school aims to instil within the parties involved in accordance with the vision, mission and core values of the programme

- Environment education
- Respect (love)
- Conserve
- Preserve (practice)

7. Period of time when the program was or has been implemented

The program has been running since 2007.

8. Activities (Action and strategies of implementation)

A) Daily / Weekly / Monthly

Activities	Frequency	Notes
General Cleaning (The 5Ss : Seiri, Seiton, Seiso, Seiketsu and Shitsuke)	Daily	All students from different classes are required to go to their respective zones to clean the compound with supervision of the 3Ks Committee and the Student Council.
Bring your own container campaign	Daily	Students bring their own containers and tumblers to the canteen when they are buying food or drink to generate less waste.
The White Coffin Campaign	Daily	Polystyrene packaging is totally banned in the school. The canteen operator / caterers are only allowed to use sustainable materials.
Teachers on Duty (The 3Ks :Cleanliness, Cheerfulness and Safety)	Daily	Teachers are divided into several groups and each group will take turn to supervise the cleanliness, cheerfulness and safety aspects of the school.
Collection of Recyclable Items	Weekly	Every other Thursday every class sends their collection of recyclable materials to the school's recycling site. The amount of recycled materials collected is recorded by PALS members and the record is used to decide the winners for the school's

		Recycling Competition.
Class Cleanliness, Beautification and 5Rs Practices Competition	Monthly	Towards the end of the week, selected teachers will evaluate all 30 classrooms. Then, marks will be counted to pick the cleanest and most cheerful class.
The Orangutan Awareness Drive	Ongoing	In 2009, the school was chosen by the Education Department as an ambassador school for the Orangutan Awareness Drive. During visits or activities held in and outside the school, the students will always try to collect fund for the cause.
Nature Charity Project	Ongoing	Periodically selected clubs will bring their members out to clean the beaches, parks and public areas as part of the school environment education program.

B) Annual Activities

Activities / Year of Implementation	Notes
<p>Implementation year : 2012 Karnival Mega Permata (Gems Mega Carnival) 2012</p>	<p>Five schools from Kuching and one school from Petaling Jaya, Selangor took part in the carnival and competitions.</p> <ol style="list-style-type: none"> 1) Eco Multimedia Presentation <ul style="list-style-type: none"> • Lots of information regarding the awareness of the environment and the 5Rs projects were presented by the participating schools. 2) Eco Nature Band Workshop <ul style="list-style-type: none"> • The workshop was done to raise awareness towards the environment through music using reusable and natural items such as bins, glass bottles, drift woods and etc. 3) Eco Showcase <ul style="list-style-type: none"> • PALS members and private agencies were invited too. Among the agencies that were invited are NREB, Department of Environment, the City Hall, Forest Department, Tupperware Brands, BCCC Kolej and PALS Kolej. PALS Kolej introduced an Eco Enzyme project that is made out of waste materials such as fruits and vegetables. These products can clean windows and drains. 4) Speakers Corner <ul style="list-style-type: none"> • The BCCC was in this activity with various schools from both primary and secondary participated to speak for a few minutes to share some interesting environmental issues.
<p>Karnival Mega Permata (Gems Mega Carnival) 2013</p>	<p>The annual carnival strikes back this year. Held at the end of June at the State Library, with a few new activities. Some of them includes the :</p> <ol style="list-style-type: none"> 1) Eco-Fashion Show & Competition <ul style="list-style-type: none"> • Students are required to design a sustainable costume from recyclable items. • The main objective is to allow the younger generation who has the talent to act effectively, with brain, responsibly towards the conserving activities by using recyclable items to create clothes or accessories 2) Eco-Public Speaking Competition <ul style="list-style-type: none"> • The main purpose is to build confidence in students thus to aware the public on environmental issues. This competition

	<p>attracts participation of around 30 speakers from various schools.</p> <p>3) Eco-Nature Band Competition</p> <ul style="list-style-type: none"> The main goal is to set up the opportunity for all students varying interest and talents to act collectively in the environment education. <p>4) Eco-Green Showcase and Exhibition</p> <p>The idea is to give awareness to students and the public about the importance of taking care of the environment thus handle relatable issues</p>
Implementation year : 2007 PALS Awareness Camp	This camp is used as orientation for members to raise awareness about conserving and preserving the environment.
Implementation year : 2009 Planting Tree Samplings	Occasionally selected groups in the school will be selected to participate in samplings planting especially mangrove and casuarina seedlings. Usually this program is co-organized by the Forest Department.
Implementation year : 2009 The Orangutan Drive	A drive organized to create awareness on the importance of conserving wildlife such as the orangutans and to support its rehabilitation. The school once won the award for the Highest Ranking Collection of funds.
Implementation year : 2011 The Eco Band	The school's eco band is always invited to compete in competitions and showcasing their performances. For example, in 2011 they were invited to showcase at the Rainforest World Music Festival.
Implementation year : 2008 Nature exploration trips	Each year different places are visited by different groups of students. Among the places visited include Kubah National Park, Matang Wildlife Centre, Semenggok Wildlife Centre (Orangutan Rehabilitation Centre), RAMSAR Wetland Park and Mounts Santubong and Gading.

C) One off projects / programs

2011

Activity	Notes
Eco-Awareness Camp Kuching 2011	It is a part of the post PMR activity organized by The Sarawak Education Department, NREB, JAS, DBKU, Trienekenes, LSS and SFC. The participants got to interact with students from other schools, all in all creates team spirit and a caring attitude towards the environment.
Green Wave Tree Planting Programme, Kuching	A programme organized by United Nations Environment Program (UNEP), that helps people to understand a human's role to take care of the environment and the importance of enhance the green of the environment.
Eco Music Fest Competition, Kuala Lumpur	The Eco Band won third placing in the Eco Music Festival. Furthermore, the participants got the opportunity to expand their knowledge and experience on an educational field trip. Through this trip, the Kolej DPAH Abdullah's PALS became a member of Children's Environmental Heritage Foundation (YAWA).
Rainforest World Music Festival Eco Nature Band Performance and Workshop, Kuching	The school's Eco Band was invited and they performed at the NREB Booth during the Rainforest World Music Fest organized by the Sarawak Tourism Board at the Sarawak Cultural Village. They also did a workshop with foreign tourists and local visitors.

PALS Exploration Visits to Kuala Lumpur and Selangor	<p>In 2011, 35 students and 5 teachers went on an exploration trip to Kuala Lumpur and Selangor.</p> <p>1) SMK (P) Sri Aman, Selangor</p> <ul style="list-style-type: none"> - They visited SMK (P) Sri Aman and got to know better about what their school's club have been doing. SMK (P) Sri Aman is the first school to use the Solar Energy. Other than that they collect rain water to clean the school instead of wasting tap water. <p>2) Forest Research Institute Malaysia (FRIM), Selangor</p> <ul style="list-style-type: none"> - Their visit to the Forest Research Institute Malaysia had brought them useful information about the importance of conserving the environment. The students were also brought to see various types of flora that have commercial benefits in medicine, health and cosmetics.
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2012

Activity	Notes
International Future Leaders Summit (IFLS),Miri, Sarawak	IFLS is a program held by the Ministry of Education of Malaysia. Participants from selected cluster schools including Brunei and the Philippines joined this program. It is to produce students with first class mentality with high grasp of critical, creative and innovative thinking. Besides that, we can develop and build Communication and Technology (ICT) skills for students. Lastly, it is to build awareness among the students about the importance of preserving and conserving the environment.
Sri Aman Environmental Youth Leadership Summit, Selangor, Malaysia	A few selected students went to the Sri Aman Girls School in Petaling Jaya for the Environmental Youth Leadership Summit. Kolej sent participants for poster designing competition and the multimedia presentation. The school won top 10 for the multimedia presentation.

2013

Activities	Notes
Sungai Lemidin Visit in conjunction with World Wetland's Day 2013	In conjunction with the World Wetland's Day a few competitions and activities was organized by the Sarawak Forest Department at the RAMSAR Wetland National Park Kuching. Some of the competitions were Essay and Dialogue Writing Competitions. The school sent a few participants and won first, second and third place for the Essay writing meanwhile for the dialogue writing competition, the school won first and third place. Many other schools from the area also took part in the event. All participation later got to plant mangrove samplings around the site.
Sungai Lemidin Mangrove Replantation Awareness Program	The Sarawak Region Petronas invited students to participate in their replanting of mangrove trees project in May. The main event was to replant as many mangrove trees as possible. Other than that there were quizzes and games related to Petronas and the Mangrove re-plantation project.
Inter Uniform Eco Green Fashion and Music Shows	All uniform units in the school took part in this one evening competitions. This event managed to attract students to enjoy the fun evening.

9. Teaching strategies or pedagogies used for teaching values in the school

Kolej Abdillah sets up a wide range of ways on how to educate students on the environment. Not only we educate them during classes, we also educate them during extracurricular activities.

A) In the classroom

In class, the teachers tend to add in some environmental education along within the subjects according to what the syllabus requires. In language subject such as Bahasa Melayu and English, there are a few chapters on pollutions, environmental issues and many more. In Civic Education, there will always be chapters where you need to learn to take care of the environment such as chapter on civic responsibilities and volunteerisms. Last but not least, Science. Science teaches us the most about the environment and this happens all the year. Other than teaching the importance of conserving and preserving, Science teaches us what the environment itself is about. We can learn and be aware of the environment along while we are aware of what the world is facing at the same time. All these chapters and topics are accordance the syllabus given by the Education Ministry.

B) Outside the classroom during extra-curricular activities

Outside the classroom, activities are separated into two groups, the curricular and co-curricular activities. PALS, BCCC and other clubs frequently send out representatives to compete in competitions against other schools such as 'Eco Band Competition' where the bands play music using instruments made out of used materials and 'Eco-fashion' show where the participants make outfits out of recyclable materials like newspapers, aluminium foils, and used cardboards. Other than that, PALS and BCCC send out their members on field trips to places and events that are related to the environment. In 2011, some of the PALS' members went to Bukit Cherakah, UiTM Shah Alam, and FRIM (Forest Research Institute Malaysia) as an exposure towards nature, locally. To support the program itself, the school has also held camps, seminars and workshops related with the environment. The recycling project for instance teaches students to practice recycling and the 5Rs concept. 5Rs is an acronym used for reuse, reduce, recycle, rethink and repair. Many of the programs and events conducted by the school and the respective clubs and committees require participations from the other schools and the general public especially the neighbourhood community as our efforts to withhold the mission, vision and core values of the movement.

10. Program monitoring and evaluation mechanisms and summary of results

Committee	Roles/Responsibilities
1. WORKING COMMITTEE FOR 3K PROGRAMME 2013 (CLEANLINESS, HEALTH AND SAFETY)	<ul style="list-style-type: none"> - To look after the school's cleanliness and make sure the 3Ks program is carried throughout the school. - To ensure that students are disciplined enough to take care of the school's cleanliness. - To ensure that all the facilities in the school are safe to use and learn to care for the facilities.
2. THE LESTARI (SUSTAINABILITY) COMMITTEE	<ul style="list-style-type: none"> - To educate students to practice conservation and preservation of the environment towards the transformation to a better lifestyle - Organized programme and events within the school related to preservation and conservation of the environment.

3. PENCINTA ALAM SEKITAR / NATURE CLUB (PALS)	<ul style="list-style-type: none"> - To lead environmental related programme in the school. - To establish networking with outside relevant agencies. - To promote the green and sustainable lifestyles amongst the community. - To promote the 5Rs practices among the students and teachers - To participate in environmental related projects and competitions.
4. BRITISH COUNCIL CONNECTING CLASSROOM (BCCC) BRIGADE	<ul style="list-style-type: none"> - To collaborate projects and programs within the network schools. - To represent the school in any competitions and set up working booth during fairs and exhibitions. - Organized mini projects during orientation program, post examination program and many more.
5. KOLEJ ABDILLAH'S PTA	<ul style="list-style-type: none"> - To help with funds and prizes - To suggest activities for school programs - To help with expertise, manpower and other necessary support. - To give feedback on the school's activities
6. KOLEJ DPAH ABDILLAH'S ALUMNI	<ul style="list-style-type: none"> - To help with funds and prizes - To suggest activities for school programs - To help with expertise, manpower and other necessary support. - To give feedback on the school's activities
7. KOLEJ DPAH ABDILLAH'S STUDENT COUNCIL	<ul style="list-style-type: none"> - To monitor the students during general cleaning activity - To assist teachers during important events such as the Eco Green Carnival - To discipline students who are caught or seen littering and abusing the environment

Summary Of Results

The students are definitely more motivated to recycle and keep the school clean when they are monitored by the above mentioned committees. There are also competitions in school like the class cleanliness competition and the recycling competition where they win cash prizes and hampers. The students are also taking part in competitions outside the school such as eco public speaking and eco band competition. The students won some of the competitions but even if they did not win they learnt a lot of knowledge and experience that can be practiced at school.

11. Resources used for program implementation

The school received many resources from the teachers and the management especially from the 3Ks Committee and the Lestari Committee which are responsible for looking after the programs the school holds. Next is the school's PTA. They suggest a few activities that the school can do and gives funding for the programs. The school's PALS plays a big role in managing these programs. They find sponsors to support most of the activities, so that the whole program can be successful as planned. These sponsors help to fund the programs, supply materials and send representatives with expertise related to the program. Last of all, the BCCC Brigade are responsible to provide extra activities to support the movement.

12. Lists of partners, local government bodies, companies or development agencies who have participated in the planning and implementation including their roles in the school program

Name of Partners	Roles or Contributions
State Education Department	Program Support
Kuching District Education Department	Program Support
Sarawak State Library	Venue, Project Partner
Natural Resources & Environment Board (NREB)	Finance, Technical, Showcase, Expertise
North Kuching City Hall (DBKU)	Finance, Technical, Showcase, Expertise
Department of Environment (DOE)	Finance, Technical, Showcase, Expertise
Sarawak River Board	Finance, Technical, Showcase, Expertise
Sarawak Forest Department	Finance, Technical, Showcase, Expertise
Rafak Suria (Tupperware Brand)	Finance, Technical, Showcase, Expertise
MARA Technology University (UiTM)	Expertise and Showcase
Sarawak Malaysia University (UNIMAS)	Expertise and Showcase
Press & Media	Promotion and Report
Parents and Teachers Association of Kolej Abdillah (the PTA)	Finance and Ideas
Kolej DPAH Abdillah's ALUMNI Committee	Program Support

13. Benefits/impacts/positive outcomes of the program to teachers, students, parents and the community

Students and teachers are aware of the environmental state in Malaysia. The school's Nature Club (PALS) has held numerous numbers of programs related to the environment. The students who participate in the programs have learnt the simple ways we can preserve and conserve the environment. Other than that, the students and teachers and the community have the awareness to care for their surroundings. Through these programs they stop doing bad things, for example the white coffin campaign that bans the use of polystyrene which is bad for the environment. The school inculcates the students to practice the 5R's. Classes are competing with each other's to win the monthly prizes of the cleanest and best 5Rs practise classes. When the students reach home they continue these practices at home. To actually monitor them, we handed out sheets of checklist before hand, as proof that they are practicing it plus the evaluation sheet from observing teachers on duty. Most parents in the PTA are extremely in support with this movement. They believe that we can strive to make the best out of every effort we put in this program. Next, with nature programs outside the school such as the trip to Wetland and replanting the mangrove trees, the community will receive major changes. Although the result has yet to show, but with the on-going effort plus the never ending faith and hope, the aftermath will be satisfying. Hopefully in the future, once the students leaving the school, they will be an integral force promoting a green and sustainable lifestyle.

14. Proof of the achievement from students, teachers, and the community

We interviewed a lot of students and all of them gave positive reviews about the programs held. Most of them said that the programs are good and effective. The students and teachers are eco-friendly at home and at school so they try to participate in every project the school holds to show support. Most of the students and teachers practice the 5Rs at home and school too. We also interviewed the teachers and they agreed that the programs direct them to a more eco-friendly lifestyle. After inviting the community

to join the eco activities they have also been showing improvement in maintaining a green environment by planting trees, placing recycling bins in parks and reusing recycled materials.

Ever since PALS initiated the Green Movement, the school has been winning recognitions and appreciations from various agencies both locally and nationally. For the record in 2009 the school was appointed as ambassador school for Orangutan Conservation Drive. In 2010, the school won the bronze award for the 1Malaysia Best Toilet Competition (School Category). In 2011, consolation prize for Sustainable School Award. In 2012, consolation prize for best hostel practise and the latest in 2013, the Best Greening School Award.

15. Plan for sustainability and plan for future

Plan for sustainability :

Our plans for sustaining the neck of the woods in our local area are to respect the visions and missions set, first and foremost. We affirm that by doing something so simple such as respecting, we are doing the future a favour. Besides that, in the PALS room itself we have this saying that goes, “We don’t inherit the environment from our ancestors we borrowed it from our children” – Native American proverb. We respect the saying. Other than that, the daily, weekly and monthly activities we do are really small, compared to what most politicians or environmentalist are doing out there but it gives a big impact towards the environment in our own local green community. Furthermore, once a year, during our environment week, everyone will have to stand to recite the environment pledge. This is to constantly reminding for our people how we have to be alert and aware with our sinking environments. Moreover most of our activities are planned thoroughly, so that it will run smoothly as planned. It has been tested and experimented to make sure that it has an effective impact for everyone involves. We stand with Mahatma Gandhi’s saying which is your beliefs becomes your thoughts, your thoughts become your words, your words become your actions, your actions become your habits, your habits become your values and your values become your destiny.

Plan for the future :

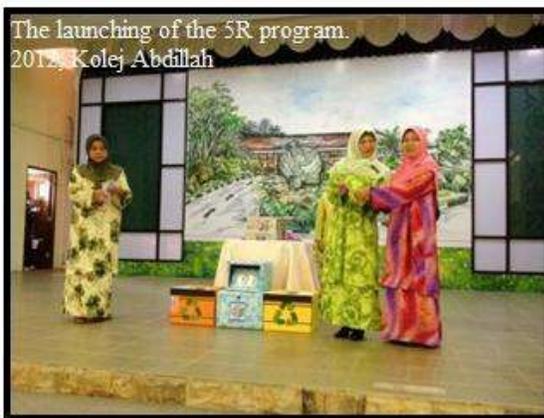
We aspire to be the leaders for the schools that also enact these types of programs. As stated in our vision, we want to implement the activities related to preservation and conservation of the environment towards sustainable life globally and also improve environment education among the students, community, nationally or internationally .We plan to have more activities to improve the current environment. Although we only started this program a few years back, but this movement has shown a lot of promise and we hope to achieve much more in the future. With effort, we also hope to aggrandize this movement so we can share via college official page as well as the social networks such as the BCCC Online and the Ecoband Kolej Abdillah Facebook in making Malaysia a greener country. Our other plan for tomorrow is to emerge as one of the aspiring schools in the nation. We will always strive to improve by fixing our flaws and weaknesses and will continue to carry out these programs and hope to raise awareness among Malaysians. As stated in our values, we aspire to educate, respect, preserve and conserve the nature to sustain Mother Earth for generations to come.

16. List of the attachments such as copy of the school plan, learning/ teaching materials, samples of student worksheet, manual etc.

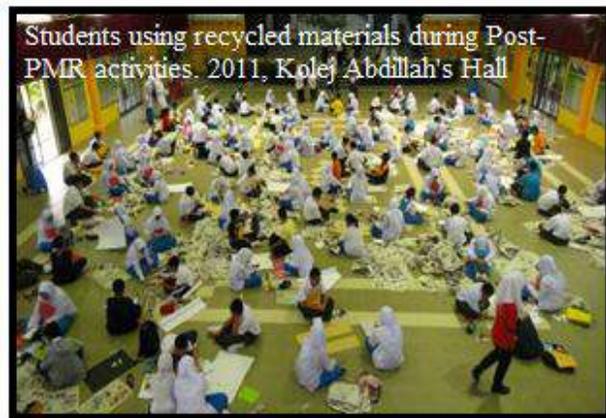
- Eco-Awareness Camp brochure
- Eco Nature Band Rainforest World Music Festival brochure
- PALS White Coffin Campaign brochure

- Certificate of Appreciation from the Sarawak State Education Department for the Hostel Brilliance Award
- Certificate of Appreciation from the Local Government Department for the Clean 1Malaysia Toilet
- Certificate of Appreciation as Kolej DPAH Abdillah achieved the Highest Ranking of Collection for the Orangutan Drive
- The 2013 Eco-Green Carnival Background, Theme and Objective (taken from the tentative brochure)
- Newspaper cutting from the Borneo Post, YB Rohani replanting a tree in the school compound to mark her official visit.
- Newspaper cutting from the Borneo Post, Composting rubbish can lessen total waste generated.
- Newspaper cutting from the Borneo Post, Music from the trash featuring the school's Eco Band.
- 6 interview slips
- Lesson plans for English Language, Science and Civic Education
- School's abstract
- The Green Movement committees

17. Photographs related to the project



The launching of the 5R program. 2011, Kolej Abdillah



Students using recycled materials during Post-PMR activities. 2011, Kolej Abdillah's Hall



Eco Band members sharing experience at an Eco Band Workshop in 2012. Astaka, Kolej DPAH Abdillah



